



# Discussion Guide

## *Live Large: The Achiever's Guide to What's Next*

### **This is an invitation to:**

- › Expand your thinking (and actions) about what's helped you be successful.
- › Consider your talents. Remember they may come easy for you.
- › Reframe how "failure" has played an important and positive role in your life.

You can work through these questions with a friend or colleague, or you can write out the answers to these questions on your own.

### **Beliefs Around Success**

1. What traits or characteristics do you believe are most responsible for your success?
2. What is your belief (or fear) of what your life would be like if you didn't have that trait?
3. When do you find yourself overusing that trait or characteristics and what is the result?
4. What do others say you are good at? Do you agree – why?
5. When has a failure or disappointment opened up an opportunity?